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# Some Studies on Heavy Metal Concentration in Aquaculture Ponds of Bhimavaram Mandal, Andhra Pradesh, India

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#### Abstract

Heavy metal pollution in aquaculture farms through the food chain has a significant impact on the ecosystem and human health, which may be dangerous as a result of improper management, improper waste management, and excessive use of artificial feed to increase performance and increase profits. Optimum fish production strongly depends on the physical, chemical and biological properties of water. Therefore, successful fishpond management requires a deep understanding of water quality. This study was conducted to assess heavy metal contamination in water samples of five selected aquaculture ponds located in and around Upputeru Reserve Forest in Bhimavaram mandal of West Godavari District. The ten heavy metals analyzed are cadmium (Cd), mercury (Hg), lead (Pb), arsenic (As), manganese (Mn), chromium (Cr), nickel (Ni), copper (Cu), zinc (Zn) and iron (iron). Atomic absorption spectroscopy (AAS) was adopted for the analysis of heavy metals. Most of these values were well below the standards given for drinking (BIS, WHO, EU, US EPA) and pond aquaculture purposes. Although metal levels did not exceed the threshold limit, appropriate measures and continuous monitoring are recommended to reduce heavy metal contamination in farms and prevent deterioration of water quality.

CC License CC-BY-NC-SA 4.0 Keywords: upputeru reserve forest, heavy metals, fish pond, AAS, water quality.

# Introduction

Most aquatic organisms, including fish, require water as their sole environment (1). Water provides services for fish respiration, nutrition, growth, waste removal, salt balance and reproduction (2). For this reason, the quality of water used in fish farming is as important as the quality of water used by humans, and

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unfortunately this is not taken seriously (1). Fish forming is guided by water quality standards, so success is a direct result of water chemistry (3, 1). Fish ponds around the world provide habitat for many fish species and can be easily managed by controlling water quality, which affects fish production. The decrease in water in the fish pond can be caused by the use of fertilizers and additives added to fish feed [4] to improve the fertilization of the pond while increasing fish production [5]. The presence of environmental stressors such as poor water quality, elevated nutrients, insects, and low oxygen levels affects the ability of aquatic organisms, including fish, to control their internal environment (e.g., catabolism, metabolism, and reproduction) [6].

Several studies have reported the presence of lead, cadmium, and mercury in fish ponds, which are considered to be highly toxic [7, 8, 9]. In many developing countries, there is increasing concern about bio concentrations of heavy metals in fish ponds. A study in Zimbabwe [10] and Malawi [11] showed that heavy metal pollution in farmed fish is a serious problem. In general, heavy metals occur in low concentrations in fresh water.

#### MATERIALS AND METHODS

#### Study area

The study area of Bhimavaram Mandal in West Godavari district of Andhra Pradesh is shown in Figure 1. A large number of fish pond water samples were collected from five different ponds of Upputeru Reserved Forest, Bhimavaram mandal.

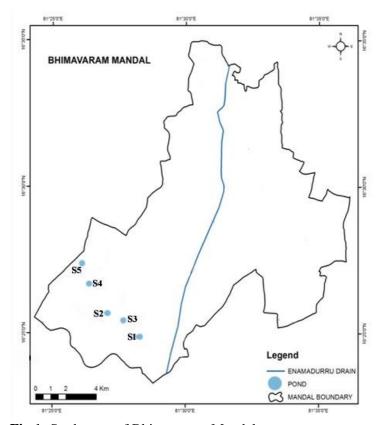


Fig 1: Study area of Bhimavaram Mandal

#### **Collection of Samples:**

From July 2014 to June 2015, aquaculture water samples were collected from five ponds in Upputeru Reserved Forest twice a month in the morning hours from 7:00 a.m. to 9:00 a.m. Water was collected in polyethylene bottles labelled with the sample code and transported to the laboratory in containers. The icebox kept them cold, preferably between 4 and 10°C, but did not freeze. The concentration of heavy metals is being investigated at the Environmental Laboratory of Andhra University, Visakhapatnam. The samples were processed and studied according to the appropriate methods listed in Table 1.

**Table 1: Analytical Methods** 

S. No.	Heavy Metals	Method
1	Cadmium	Atomic absorption spectrometer method
2	Mercury	Cold vapour flame less atomic absorption
3	Lead	Atomic absorption spectrometer method
4	Arsenic	Atomic absorption spectrometer method
5	Manganese	Atomic absorption spectrometer method
6	Chromium	Colorimetric method
7	Nickel	Atomic absorption spectrometer method
8	Copper	Atomic absorption spectrometer method
9	Zinc	Atomic absorption spectrometer method
10	Iron	Colorometric – Phenanthroline method

# RESULTS AND DISCUSSION

## Effect of heavy metals on fish

Heavy metals such as cadmium, lead, arsenic, chromium, mercury and copper are among the most dangerous and widespread inorganic environmental pollutants originating from industrial wastes and mining practices [12].

When fish are exposed to elevated levels of metals in a polluted aquatic ecosystem, they tend to take up these metals from their immediate environment. Heavy metal contamination can have devastating effects on the ecological balance of the receiving environment and the diversity of aquatic organisms [13]. Transport of metals in fish takes place through the blood, where the ions are usually bound to proteins. Metals come into contact with fish organs and tissues and subsequently accumulate to varying degrees in different fish organs and tissues [14]. Heavy metals are non-biodegradable and once they enter the environment, in the case of aquatic environments, they bio-concentrate in fish tissue through metabolic and biosorption processes [15]. The presence of heavy metals is associated with reduced fertility and other reproductive abnormalities in birds, fish, molluses and mammals, as well as altered immune function [16]. Heavy metals such as mercury and cadmium are known to accumulate in marine organisms and cause rapid genetic changes [17, 18]. It is also possible that it may increase the susceptibility of aquatic animals to various diseases by disrupting the normal functioning of their immune, reproductive and developmental processes [19]. Long-term exposure to water pollutants even at very low concentrations has been reported to induce morphological, histological, and biochemical changes in tissues that can critically affect fish quality [20, 21]. It was reported that aquatic organisms showed a high capacity to accumulate heavy metals.

Analysis of the water quality of fish ponds at five different locations in Bhimavaram mandal was carried out and the concentrations of various heavy metals were estimated. The results are shown in Tables 2-6 and Figures 2-11.

# **Discussion on Each Metal:**

# Cadmium (Cd):

Cadmium and its compounds are highly toxic and soluble in water, when compared to other heavy metals and thus have higher chances of bioavailability and bioaccumulation. Cadmium is not biodegradable and will remain in nature for a long time. In this study, the concentration of cadmium ranges from 0.0001 mg/L to 0.001 mg/L (Fig 1). The highest value of cadmium was observed in all the three seasons for sample S2 and the lowest concentration of cadmium metal was observed in all the three seasons for S5 sample. The main sources of cadmium pollution were domestic wastewater discharge, smelting and refining of non-ferrous metals, and chemical and metal production [22, 23].

# Mercury (Hg):

It is a highly volatile element with a long half-life in the atmosphere. As a result of these physical properties, it is ubiquitous in the environment and exposure is not an isolated problem but rather a global threat to human health [24]. In recent years, research has revealed that even chronic exposure to very low exposure concentrations has the ability to cause long-term neurological and renal damage [25]. Mercury is one of the

most toxic heavy metals in our environment including the lithosphere, hydrosphere, atmosphere and biosphere. In this study, the concentration of mercury ranges from 0.0001 mg/L to 0.0009 mg/L (Fig 2). The highest value of mercury was observed in summer season for sample S3 and the lowest concentration was observed in all the three seasons for S2 sample. Mercury's volatile nature and long atmospheric residence time (approximately one year) have led to global cycling of Hg and its deposition in terrestrial, marine, freshwater and wetland ecosystems in regions of the world remote from the source [26,27].

# Lead (Pb):

Plating, battery cells, dyes and pigments, chemical fertilizers, gasoline additives are the main sources of lead pollution in the aquatic ecosystem [28, 29]. In this study, the values of lead concentration range between 0.001 mg/L to 0.002 mg/L (Fig 4). From the values, it is clear that the highest values were obtained during summer and winter period for samples S1 &S4 and lower values were obtained during all the three seasons for samples S2, S3 and S5. Lead toxicity in humans can cause kidney dysfunction, damage to the central nervous system and cardiovascular system, as well as cause infertility. Haemoglobin synthesis can be affected by lead toxicity [30].

#### **Arsenic (As):**

More recently, anthropogenic activities such as the treatment of agricultural land with arsenic pesticides, the treatment of wood with copper chromate arsenate, the burning of coal in thermal power plants, and gold mining operations have increased the permeability of arsenic to the environment and its release rate into a freshwater biotope [31]. In addition, arsenic is widely used as sodium arsenite to control submerged aquatic vegetation in freshwater ponds and lakes [32]. In this study, the values of arsenic concentration range between 0.001 mg/L to 0.003 mg/L (Fig 5). From the values, it is clear that the highest values were obtained during winter period for samples S3 &S4 and lower values were obtained during rainy season for all five samples. According to [33], 1.5-3.8 mg/L arsenite is effective and considered safe for fish. Many species of fish that live in arsenic-contaminated water contain arsenic between 1-10 g/g. In gout, arsenic levels in fish are reported to be higher than  $100 \mu \text{g/g}$  [34].

### Manganese (Mn):

In aquatic ecosystems, manganese compounds are attached to circulating particles or deposited in sediments [35]. A significant difference in manganese concentration was observed during the study. The concentration of manganese varied between 0.01 mg/L to 0.06 mg/L in different water samples (Fig 6). The decrease in manganese concentration is observed for sample S3 in summer season. The very high concentration of manganese observed at S4 & S5 Sampling stations during the winter. Manganese is an essential micronutrient, but excessive accumulation in the human body causes neurological diseases, neonatal bone diseases, rheumatoid arthritis, and diabetes [36, 37].

# **Chromium (Cr):**

Chromium compounds are usually insoluble in water and occur in various oxidation states such as the trivalent and hexavalent states. Chromium(III) oxide and chromium(III) hydroxide are the water-soluble forms of chromium compounds identified in nature so far [38]. In this study, the value of chromium ranged between 0.001 mg/L to 0.03 mg/L (Fig 7). Higher concentrations of chromium were observed at all stations except sample S2 in summer season. The lowest values were reported from rainy and winter seasons' for S3, S4 and S5 Sampling stations. The main sources of chromium pollution are electroplating, metal surface treatment, laundry chemicals, leather, runoff water, etc. In humans, long-term exposure to hexavalent chromium causes lung cancer, severe respiratory problems [39].

#### Nickel (Ni):

Nickel is a naturally occurring trace metal, soluble in water without odor or taste. Common sources of nickel pollution include industrial waste from nickel alloy or nickel compound plants, oil-burning power plants, non-ferrous ceramics plants, batteries, etc. [40]. Nickel toxicity in humans causes nausea, vomiting, abdominal pain, diarrhea, breathing problems, etc. [41]. The nickel concentration was ranged from 0.002 mg/L to 0.01 mg/L (Fig 8). The highest nickel concentration was reported from all the three seasons for all the sampling stations. The lowest value of nickel concentration was observed in the rainy season at S2 & S4 sampling stations.

# Copper (Cu):

Common sources of copper pollution in aquatic ecosystems were mainly from industrial sources, domestic wastes, plating or leaching of minerals [42]. The concentration of copper varied between 0.001 mg/l to 0.005 mg/l in different water samples. Seasonal data for copper at different stations are shown in Fig 9. Seasonal data showed that high concentration of copper was observed in summer period for sampling station S5. The lowest copper concentration was observed in both rainy and winter seasons for sample S3, which may be due to the dilution of rainwater. Excessive accumulation of copper results in various bodily disorders such as hypertension, kidney dysfunction, and various neurological disorders [43].

#### Zinc (Zn):

Zinc is an important trace metal, it has a major role in maintaining proper physiological and metabolic processes in most living organisms. Zinc plays an important role in protein synthesis. However, its high concentration leads to toxicity. Industrial wastewater, slurry, fertilizers and pesticides are the main sources of zinc pollution in the aquatic ecosystem. [44]. The concentration of zinc in the water samples varied between 0.002 mg/L and 0.006 mg/L (Fig 10). The high concentration of Zinc was observed at S5 Sampling station during the summer while the decrease in zinc concentration is observed for samples S2, S3 and S4 in rainy season. Since zinc has limited mobility, its concentration in natural surface waters is low [45]. Zinc is difficult to break down, so it will remain in the ecosystem for a long time and therefore it becomes toxic to all aquatic organisms in its sub lethal concentration [46, 47].

#### Iron (Fe):

Industrial by-products and household wastes are the main sources of iron pollution in water bodies. When present in high concentration, it results in color changes in this water system. In this study, concentration of iron in the water samples varied between 0.02 mg/L to 0.2 mg/L (Fig 11). The highest value was recorded in the summer period and lowest value was recorded in rainy and winter period. The buffering effects of organic compounds or calcium salts make the water less toxic, even if the water contains iron in the above desirable limit [49, 50]. But, if it is present in excessive amounts, it leads to high blood pressure, drowsiness, rapid blood clotting and increased heart rate [48].

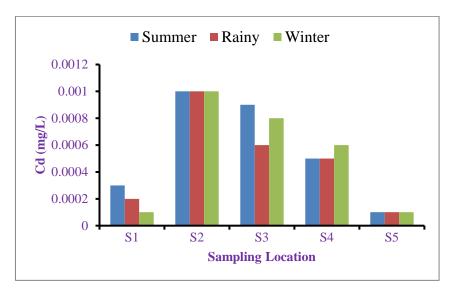


Fig 2: Graph showing Cadmium (Cd) metal readings

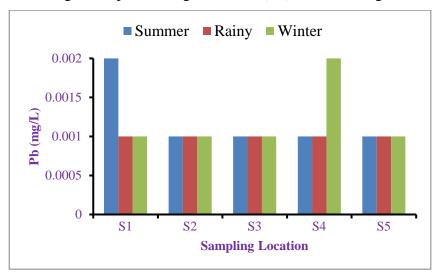


Fig 4: Graph showing Lead (Pb) metal readings

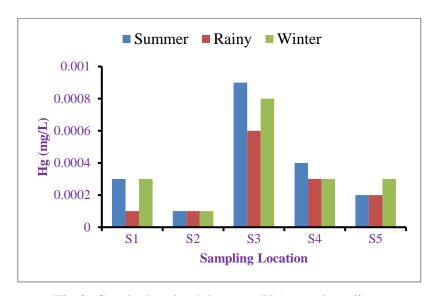


Fig 3: Graph showing Mercury (Hg) metal readings

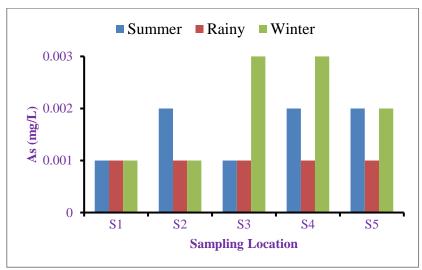


Fig 5: Graph showing Arsenic(As) metal readings

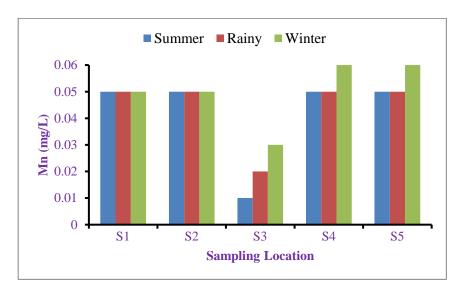


Fig 6: Graph showing Manganese (Mn) metal readings

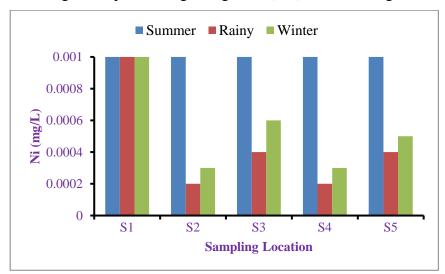


Fig 8: Graph showing Nickel(Ni) metal readings

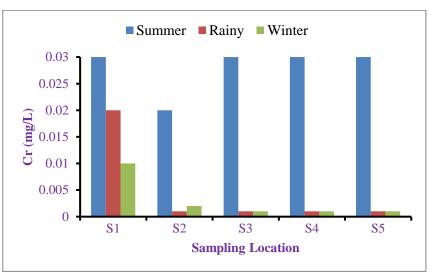


Fig 7: Graph showing Chromium(Cr) metal readings

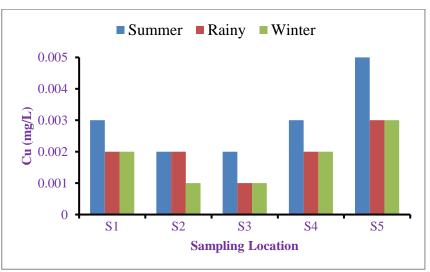
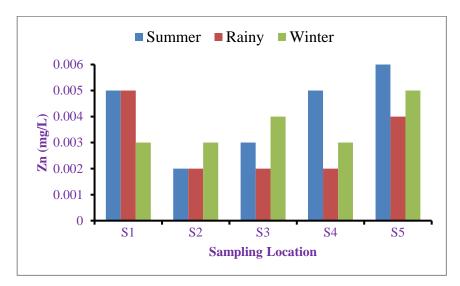


Fig 9: Graph showing Copper(Cu) metal readings



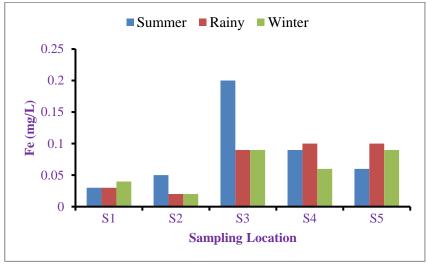


Fig 10: Graph showing Zinc(Zn) metal readings

Fig 11: Graph showing Iron(Fe) metal readings

Sampling location: S1 Garimilladibba			ter quality paran 3 different seasor					Water quality standards				
Latitude: 16° 24' 52.130" N Longitude: 81° 28' 11.395" E	Heavy Metals		Summer Rainy		Winter	BIS 10500 : 2012		WHO	EU	US EPA	Boyd (1998) Water Quality for	
Located nearby aquaculture ponds Area (Hectare):1.54						Acceptable limit	Permissible limit				Pond Aquaculture	
1	Cadmium (Cd)	mg/L	0.0003	0.0002	0.0001	0.003	-	0.003	0.005	0.005	0.001	
	Mercury (Hg)	mg/L	0.0003	0.0001	0.0003	0.001	-	0.006	0.002	0.001	0.001	
	Lead (Pb)	mg/L	0.002	0.001	0.001	0.01	-	0.01	0.015	0.01	0.003	
	Arsenic (As)	mg/L	0.001	0.001	0.001	0.01	0.05	0.01	0.05	0.01	-	
	Manganese (Mn)	mg/L	0.05	0.05	0.05	0.1	0.3	0.1	0.05	0.05	0.05 -0.2	
	Chromium (Cr)	mg/L	0.03	0.02	0.01	0.05	-	0.05	0.1	0.05	-	
Campilarena	Nickel (Ni)	mg/L	0.001	0.001	0.001	0.02	-	0.07	0.1	0.02	0.001	
	Copper (Cu)	mg/L	0.003	0.002	0.002	0.05	1.5	2	1.3	2.0	< 0.005	
	Zinc (Zn)	mg/L	0.005	0.005	0.003	5	15	4	5	5.0	< 0.01	
1 - 420 - 5300 mm/s/mm/s/m/s/m/s/m/s/m/s/m/s/m/s/m/s/m	Iron (Fe)	mg/L	0.03	0.03	0.04	0.3	-	0.3	0.3	0.2	0.01 -0.3	

Bureau of Indian Standards IS 10500: 2012; WHO Guidelines for Drinking-Water Quality (2011); US EPA Primary Drinking Water Standards; E.U: European Union /European Communities (Drinking Water) (No. 2) Regulations 2007 (S.I. 278 of 2007);

Water Quality for Pond Aquaculture-Acceptable Concentration Ranges in Aquaculture Pond Waters" Boyd (1998).

Remarks: Heavy metal concentrations are well below the standards given for drinking (BIS, WHO, EU, US EPA) and pond aquaculture purposes (Boyd, 1998).

Note: Season wise data primarily compared with Boyd (1998) water quality standards for pond aquaculture.

Sampling location: S2 Kotta Pusalamuru			ater quality para 3 different seas		Water quality						
Latitude: 16° 25' 40.019" N Longitude: 81° 26' 59.982" E Located adjacent Kottachedunala Area (Hectare):0.99	Heavy Metals		Summer Rainy	Winter			wно	EU	US EPA	Boyd (1998) Water Quality for Pond Aquaculture	
	Cadmium (Cd)	mg/L	0.001	0.001	0.001	0.003	-	0.003	0.005	0.005	0.001
	Mercury (Hg)	mg/L	0.0001	0.0001	0.0001	0.001	-	0.006	0.002	0.001	0.001
	Lead (Pb)	mg/L	0.001	0.001	0.001	0.01	-	0.01	0.015	0.01	0.003
	Arsenic (As)	mg/L	0.002	0.001	0.001	0.01	0.05	0.01	0.05	0.01	-
	Manganese (Mn)	mg/L	0.05	0.05	0.05	0.1	0.3	0.1	0.05	0.05	0.05 -0.2
	Chromium (Cr)	mg/L	0.02	0.001	0.002	0.05	-	0.05	0.1	0.05	-
S2 KOTTA PURALAMURU	Nickel (Ni)	mg/L	0.001	0.0002	0.0003	0.02	-	0.07	0.1	0.02	0.001
	Copper (Cu)	mg/L	0.002	0.002	0.001	0.05	1.5	2	1.3	2.0	< 0.005
	Zinc (Zn)	mg/L	0.002	0.002	0.003	5	15	4	5	5.0	< 0.01
The state of the s	Iron (Fe)	mg/L	0.05	0.02	0.02	0.3	-	0.3	0.3	0.2	0.01 -0.3

Bureau of Indian Standards IS 10500: 2012; WHO Guidelines for Drinking-Water Quality (2011); US EPA Primary Drinking Water Standards; E.U: European Union /European Communities (Drinking Water) (No. 2) Regulations 2007 (S.I. 278 of 2007);

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Remarks: Heavy metal concentrations are well below the standards given for drinking (BIS, WHO, EU, US EPA) and pond aquaculture purposes (Boyd, 1998).

Note: Season wise data primarily compared with Boyd (1998) water quality standards for pond aquaculture.

Sampling location: S3 Kotta Pusalamuru			ater quality para 3 different seas		Winter   10500 : 2012   WHO   EU   US EPA   Wa						
Latitude: 16° 25' 27.894" N Longitude: 81° 27' 41.323" E Located beside Lossari main channel extension	Heavy Metals		Summer Rainy	Winter	10500 : 2012		WHO	EU	US EPA	Boyd (1998) Water Quality for Pond Aquaculture	
Area (Hectare): 1.81			0.0000	0.0005	0.0000	Acceptable limit	Permissible limit	0.002	0.005	0.005	
The state of the s	Cadmium (Cd)	mg/L	0.0009	0.0006	0.0008	0.003	-	0.003	0.005	0.005	0.001
	Mercury (Hg)	mg/L	0.0003	0.0002	0.0003	0.001	-	0.006	0.002	0.001	0.001
	Lead (Pb)	mg/L	0.001	0.001	0.001	0.01	-	0.01	0.015	0.01	0.003
	Arsenic (As)	mg/L	0.001	0.001	0.003	0.01	0.05	0.01	0.05	0.01	-
5	Manganese (Mn)	mg/L	0.01	0.02	0.03	0.1	0.3	0.1	0.05	0.05	0.05 -0.2
	Chromium (Cr)	mg/L	0.03	0.001	0.001	0.05	-	0.05	0.1	0.05	-
	Nickel (Ni)	mg/L	0.001	0.0004	0.0006	0.02	-	0.07	0.1	0.02	0.001
KOTTA PUSALAMURU	Copper (Cu)	mg/L	0.002	0.001	0.001	0.05	1.5	2	1.3	2.0	< 0.005
	Zinc (Zn)	mg/L	0.003	0.002	0.004	5	15	4	5	5.0	< 0.01
	Iron (Fe)	mg/L	0.2	0.09	0.09	0.3	-	0.3	0.3	0.2	0.01 -0.3

Bureau of Indian Standards IS 10500: 2012; WHO Guidelines for Drinking-Water Quality (2011); US EPA Primary Drinking Water Standards; E.U: European Union /European Communities (Drinking Water) (No. 2) Regulations 2007 (S.I. 278 of 2007):

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Remarks: Heavy metal concentrations are well below the standards given for drinking (BIS, WHO, EU, US EPA) and pond aquaculture purposes (Boyd, 1998).

Note: Season wise data primarily compared with Boyd (1998) water quality standards for pond aquaculture.

Sampling location: S4 Upputeru Reserved Forest			ter quality para 3 different seaso				lity s	1			
Latitude: 16° 26' 41.119" N Longitude: 81° 26' 24.202" E Located nearby Ennamadurdrain Area (Hectare): 1.18	Heavy Metals		Summer	Rainy	Winter	_	BIS 0: 2012 Permissible limit	wно	EU	US EPA	Boyd (1998) Water Quality for Pond Aquaculture
	Cadmium (Cd)	mg/L	0.0005	0.0005	0.0006	0.003	-	0.003	0.005	0.005	0.001
	Mercury (Hg)	mg/L	0.0004	0.0003	0.0003	0.001	-	0.006	0.002	0.001	0.001
	Lead (Pb)	mg/L	0.001	0.001	0.002	0.01	-	0.01	0.015	0.01	0.003
	Arsenic (As)	mg/L	0.002	0.001	0.003	0.01	0.05	0.01	0.05	0.01	-
	Manganese (Mn)	mg/L	0.05	0.05	0.06	0.1	0.3	0.1	0.05	0.05	0.05 -0.2
	Chromium (Cr)	mg/L	0.03	0.001	0.001	0.05	-	0.05	0.1	0.05	-
APPENDING RESERVED FOREST	Nickel (Ni)	mg/L	0.001	0.0002	0.0003	0.02	-	0.07	0.1	0.02	0.001
	Copper (Cu)	mg/L	0.003	0.002	0.002	0.04	1.5	2	1.3	2.0	< 0.005
* Company of the Comp	Zinc (Zn)	mg/L	0.005	0.002	0.003	5	15	4	5	5.0	< 0.01
	Iron (Fe)	mg/L	0.09	0.1	0.06	0.3	-	0.3	0.3	0.2	0.01 -0.3

Bureau of Indian Standards IS 10500: 2012; WHO Guidelines for Drinking-Water Quality (2011); US EPA Primary Drinking Water Standards; E.U: European Union /European Communities (Drinking Water)(No. 2) Regulations 2007 (S.I. 278 of 2007);

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Note: Season wise data primarily compared with Boyd (1998) water quality standards for pond aquaculture.

Sampling location: 5 Upputeru Reserved Forest			of water quality par ed in 3 different sea				Water quality standards						
Latitude: 16° 27' 20.374" N Longitude: 81° 26' 5.736" E	Heavy Metals		Summer Rai	Rainy	Winter	BIS 10500 : 2012			EU	US EPA	Boyd (1998) Water Quality for Pond		
Located nearby an aquaculture ponds, Area (Hectare): 1.30						Acceptable limit	Permissible limit				Aquaculture		
-40	Cadmium (Cd)	mg/L	0.0001	0.0001	0.0001	0.003	-	0.003	0.005	0.005	0.001		
*	Mercury (Hg)	mg/L	0.0002	0.0002	0.0003	0.001	-	0.006	0.002	0.001	0.001		
AS CONTRACTOR OF THE PERSON OF	Lead (Pb)	mg/L	0.001	0.001	0.001	0.01	-	0.01	0.015	0.01	0.003		
32	Arsenic (As)	mg/L	0.002	0.001	0.002	0.01	0.05	0.01	0.05	0.01	-		
	Manganese (Mn)	mg/L	0.05	0.05	0.06	0.1	0.3	0.1	0.05	0.05	0.05 -0.2		
	Chromium (Cr)	mg/L	0.03	0.001	0.001	0.05	-	0.05	0.1	0.05	-		
	Nickel (Ni)	mg/L	0.001	0.0004	0.0005	0.02	-	0.07	0.1	0.02	0.001		
	Copper (Cu)	mg/L	0.005	0.003	0.003	0.05	1.5	2	1.3	2.0	< 0.005		
Service and the service servic	Zinc (Zn)	mg/L	0.006	0.004	0.005	5	15	4	5	5.0	< 0.01		
2 3.4% 5.65 co	Iron (Fe)	mg/L	0.06	0.1	0.09	0.3	-	0.3	0.3	0.2	0.01 -0.3		

Bureau of Indian Standards IS 10500: 2012; WHO Guidelines for Drinking-Water Quality (2011); US EPA Primary Drinking Water Standards; E.U: European Union /European Communities (Drinking Water)(No. 2) Regulations 2007 (S.I.

Water Quality for Pond Aquaculture-Acceptable Concentration Ranges in Aquaculture Pond Waters" Boyd (1998).

Remarks: Heavy metal concentrations are well below the standards given for drinking (BIS, WHO, EU, US EPA) and pond aquaculture purposes (Boyd, 1998).

**Note:** Season wise data primarily compared with Boyd (1998) water quality standards for pond aquaculture.

#### **CONCLUSIONS**

The minimum and maximum heavy metal concentrations in different parts of the Upputeru Reserved Forest, Bhimavaram Mandal are reported. Heavy metal concentrations are well below the standards given for drinking (51, 52, 53) and pond aquaculture purposes (54, 55).

#### **SUGGESTIONS**

Based on the results obtained in the present study, conditions governing cultural practices, and critical analysis of data on fishpond water in and around Upputeru Reserved Forest, Bhimavaram Mandal, we make the following recommendations.

Proper implementation of the following precautions and guidelines will not only increase productivity and economic returns, but also help fish farmers maintain eco-friendly fish ponds and the environment necessary for sustainable aquaculture.

- 1. Green technologies such as planting shade trees on the sides of fish pond aquariums and creating artificial shade during summer temperature stratification can protect fish in fish ponds. It should be implemented immediately.
- 2. Mechanical aeration can prevent the accumulation of ice in large areas of the fish pond. Mechanical aeration is also the most common and effective ways to increase DO.
- 3. For rectangular ponds, it is recommended to adjust the length to width ratio to increase low velocity and reduce bio-solids accumulation.
- 4. Adopting environmentally friendly techniques in fish farming ponds (when using harmful feed, antibiotics, wastewater treatment facilities, etc.).
- 5. If you use organic fertilizers instead of organic fertilizers to reduce pollution, the fish will grow well there.

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